


















# How to post a new thread

## To post anything

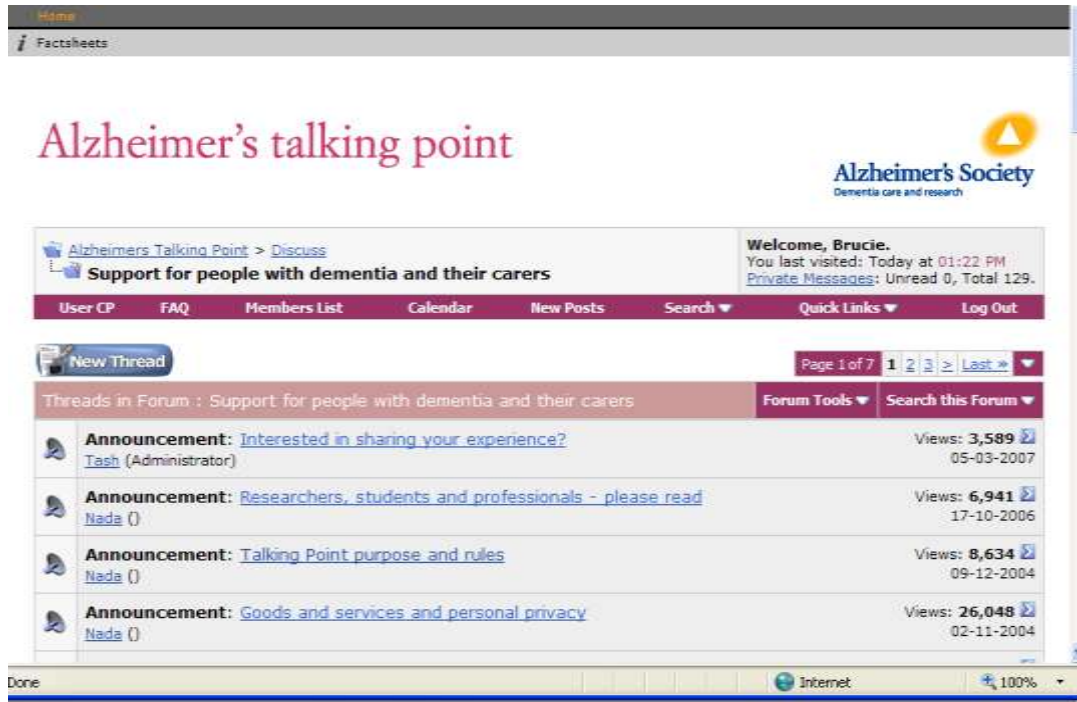
The forum is arranged in various areas.  
To post anything you need to select the area  
that seems most appropriate.

If you post in a forum that is not as appropriate as  
you might wish, the forum moderators can move it  
for you, on request.

	<b><a href="#">Support for people with dementia and their carers</a></b> (41 Viewing) Please feel free to post a message on any subject. Do not post offensive, obscene or advertising messages. We cannot accept messages that aim to recruit people for research. Students should contact the Alzheimer's Society library.
	<b><a href="#">I have memory problems</a></b> (2 Viewing) This forum is a place where people with memory problems or a diagnosis of dementia can leave messages for other people with similar problems
	<b><a href="#">Younger people with dementia</a></b> (7 Viewing) This forum is for discussion, information exchange and support for younger people with dementia, their carers, families and friends. Anyone affected by early onset dementia (developing under the age of 65) personally or professionally is welcome.
	<b><a href="#">Raising awareness and campaigning</a></b> (2 Viewing) This section of Talking Point can be used to discuss ways in which we can raise awareness of dementia and caring and help the Society to campaign
	<b><a href="#">After dementia - dealing with loss</a></b> Dealing with loss - A place for people to discuss their concerns about losing their loved ones and for those who are trying to come to terms with losing their loved ones to any type of dementia.
	<b><a href="#">Tea room</a></b> (9 Viewing) The tea room is a place for general chat and discussion of issues which are not directly related to dementia. Poems can also be posted here.
	<b><a href="#">Poems</a></b> Writing and reading poetry can help sometimes. Poetry can be posted here. Original poetry only please.
	<b><a href="#">'Hearts and Brains' project for vascular dementia</a></b> (2 Viewing) The Alzheimer's Society 'Hearts and Brains' project aims to provide better information and support to those with vascular dementia, those at risk of developing it, carers and health professionals. Information about the project will be posted here.
	<b><a href="#">Announcements - Read only: Hearts and Brains project updates</a></b> (1 Viewing) Updates about the progress of the project will be posted here. Only the project manager can post in this area. If you have any comments, please post in the main 'Hearts and Brains' forum.
	<b><a href="#">About Talking Point members</a></b> This section is for finding out a little about the Talking Point family and the experiences of Talking Point members. This information is totally anonymous. Why not add your experiences and information as well?
	<b><a href="#">Computer tips and how to use this discussion board</a></b> (3 Viewing) If you have any technical problems using this board, please ask your question here
	<b><a href="#">Resources</a></b> (1 Viewing) If you have tips for living with dementia or caring for someone that might benefit others, please post in this area.
	<b><a href="#">Researchers, students and professionals</a></b> Alzheimer's Talking Point welcomes students, researchers and professionals who wish to exchange information and ask questions. However, please respect the privacy and feelings of our members by only posting in this section
	<b><a href="#">Fundraising event message board</a></b> (1 Viewing) This area of Talking Point is for people who have taken part in a fundraising event for the Alzheimer's Society (or are planning to do so!). You can swap training tips or talk about future challenges - it's up to you!
	<b><a href="#">Runners' room</a></b> Are you taking part in a running event for the Alzheimer's Society. Swap experiences and training tips here!
	<b><a href="#">Trekking's Talk</a></b> (1 Viewing) The Alzheimer's Society has a variety of overseas and UK challenges. Find out more and swap training tips here.
	<b><a href="#">Fundraisers' Forum</a></b> There are a million ways to raise money for the Alzheimer's Society. Swap ideas and suggestions here.

## Post a completely new topic/thread

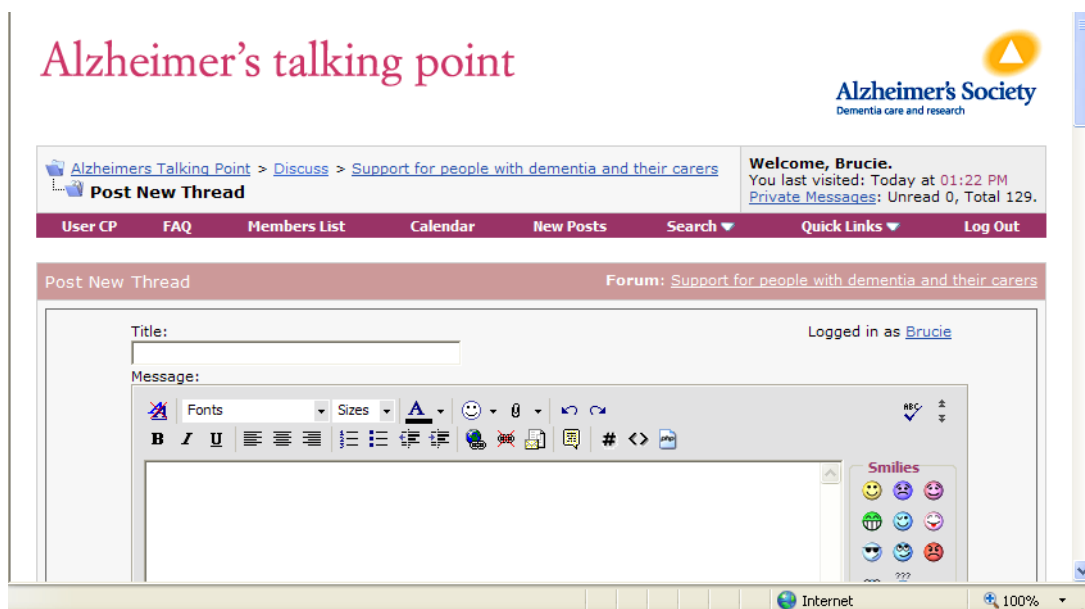
If you want to post a new topic, first select the area into which you wish to post.



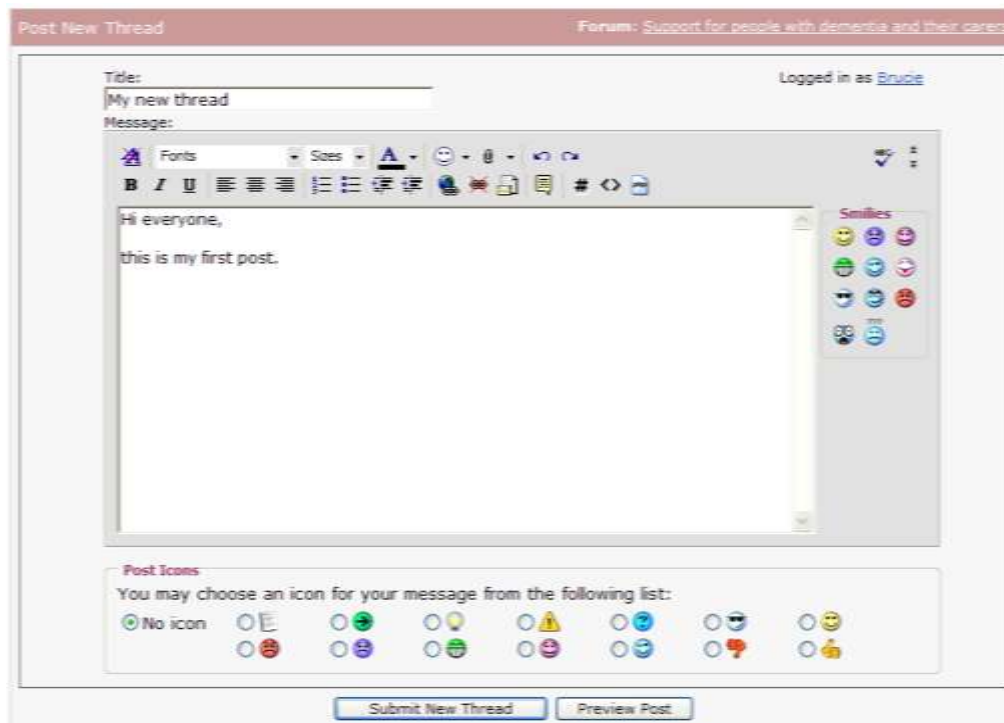
On the screen you will see the New thread button  
Press it to start the new thread



A Post New Thread window will open



Type in a descriptive Title, then type the body of your message below



The screenshot shows a web browser window titled "Post New Thread" for a forum named "Forum: Support for people with dementia and their carers". The user is logged in as "Bruce". The "Title" field contains "My new thread". The "Message" field contains the text "Hi everyone, this is my first post." The interface includes a rich text editor toolbar with options for bold, italic, underline, text color, background color, bulleted list, numbered list, link, unlink, image, video, and code. A "Smilies" palette is visible on the right side of the message field. Below the message field is a "Post Icons" section with the text "You may choose an icon for your message from the following list:" and a grid of 16 icons, including "No icon", "thumbs up", "thumbs down", "lightbulb", "warning", "smiley", "sad", "neutral", "heart", and "thumbs up". At the bottom of the form are two buttons: "Submit New Thread" and "Preview Post".

To submit the message, press **Submit New Thread**

